



Railroad Retirement Information

U.S. Railroad Retirement Board

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Unemployment and Sickness Benefits for Railroad Employees

The Railroad Retirement Board (RRB) administers the Railroad Unemployment Insurance Act (RUIA), which provides qualified railroaders with unemployment benefits when they become unemployed but are ready, willing, and able to work, and sickness benefits when they cannot work because of sickness or injury. Sickness benefits are also payable to female railroad workers when they are unable to work because of health conditions related to pregnancy, miscarriage, or childbirth.

A new unemployment and sickness benefit year - the twelve-month period during which the RRB makes benefit payments for days of unemployment and sickness to eligible railroad employees - *generally* begins each July 1 and ends on June 30 of the next year.

The following questions and answers describe these benefit payments, their eligibility requirements, and how to apply for and claim them.

1. What are the eligibility requirements for railroad unemployment and sickness benefits in July 2026?

To be eligible to receive unemployment or sickness benefits in a benefit year, a railroad worker must have attained a pre-determined level of railroad earnings in their base-year, among other qualifying conditions. A worker's base-year is generally defined as the calendar year prior to the benefit year in which a railroad worker applies for unemployment or sickness benefits. To qualify for normal railroad unemployment or sickness benefits during the new benefit year of July 1, 2026, an employee must have railroad base-year earnings of at least \$5,162.50 in calendar year 2025, counting no more than \$2,065 for any one month. Those who were first employed in the rail industry in 2025 must also have at least five months of creditable railroad service in 2025.

Employees can determine if they meet the eligibility requirements for unemployment and sickness benefits by checking their Certificate of Service Months and Compensation (Form BA-6). Form BA-6 includes a field in the lower-right corner that indicates if an employee is eligible to claim unemployment or sickness benefits. The RRB mails these forms each June to railroad employees with creditable compensation in the previous calendar year.

Under certain conditions, employees who do not qualify for unemployment or sickness benefits based on their 2025 earnings *may* still be able to receive benefits in the new benefit year. Employees with at least 10 years of service (120 or more cumulative service months) who received normal benefits in the benefit year ending June 30, 2026, may be eligible for **extended** benefits. Employees with at least 10 years of service (120 or more cumulative service months) *might* qualify for **accelerated** benefits if they have railroad earnings of at least \$5,375 in 2026, not counting earnings of more than \$2,150 in any one month.

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To qualify for **extended** unemployment benefits, a claimant must not have voluntarily quit work without good cause and not have voluntarily retired. To qualify for extended sickness benefits, a claimant must not have voluntarily retired and must be under age 65.

To be eligible for **accelerated** benefits, a claimant must have 14 or more consecutive days of unemployment or sickness; not have voluntarily retired or, if claiming unemployment benefits, quit work without good cause; and, when claiming sickness benefits, be under age 65.

2. What is the daily benefit rate payable in the new benefit year beginning July 1, 2026?

Almost all employees will qualify for the maximum daily benefit rate of \$103. Benefits are generally payable for the number of days of unemployment or sickness over four in 14-day claim periods, which yields \$1,030 for each two full weeks of unemployment or sickness. Sickness benefits payable for the first 6 months after the month the employee last worked are subject to tier I railroad retirement payroll taxes unless benefits are being paid for an on-the-job injury.

3. How long are normal unemployment or sickness benefits payable?

Normal unemployment or sickness benefits are each payable for up to 130 days (26 weeks) in a benefit year. The total amount of each kind of benefit that may be paid in the new benefit year cannot exceed the employee's railroad earnings in calendar year 2025, counting earnings up to \$2,667 per month.

If normal benefits are exhausted, extended benefits are payable for up to 65 days (during 7 consecutive 14-day claim periods) to employees with at least 10 years of service (120 or more cumulative service months).

4. Is there a waiting period requirement for unemployment and sickness benefits?

Yes. Benefits are normally paid for the number of days of unemployment or sickness over 4 in 14-day registration periods. Initial sickness claims must also begin with 4 consecutive days of sickness. However, during the first 14-day claim period in a benefit year, benefits are only payable for each day of unemployment or sickness in excess of 7 which, in effect, provides a 1-week waiting period. Separate waiting periods are required for unemployment and sickness benefits. However, only one 7-day waiting period is required during any period of continuing unemployment or sickness, even if that period continues into a subsequent benefit year.

If an employee has at least 5 days of unemployment or 5 days of sickness in a 14-day period, the employee should still file for benefits to satisfy the waiting period for the current benefit year.

5. Are there special waiting period requirements if unemployment is due to a strike?

Yes. If a worker is unemployed because of a strike conducted in accordance with the Railway Labor Act, benefits are not payable for days of unemployment during the first 14 days of the strike. However, benefits are payable during subsequent 14-day periods. (In contrast, when a worker's unemployment is not caused by a strike, whether conducted in accordance with the Railway Labor Act or not, benefits are payable for every day claimed in excess of seven during the first 14-day claim period.)

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If a strike is in violation of the Railway Labor Act, unemployment benefits are not payable to an employee participating in the strike. However, an employee who is not participating in such an illegal strike, but is unemployed because of the strike, may receive benefits after the first two weeks of the strike. While a benefit year waiting period cannot count towards a strike waiting period, the 14-day strike waiting period may count as the benefit year waiting period if a worker becomes unemployed for reasons other than a strike later in the benefit year.

6. Can employees in train and engine service receive unemployment benefits for days when they are standing by or laying over between scheduled runs?

No, not if they are standing by or laying over between regularly assigned trips or missed a turn in pool service.

7. Can extra-board employees receive unemployment benefits between jobs?

Yes, but only if the miles and/or hours they actually worked were less than the equivalent of normal full-time work in their class of service during the 14-day claim period. Entitlement to benefits would also depend on the employee's earnings.

8. How would an employee's earnings in a claim period affect eligibility for unemployment benefits?

If a claimant's earnings for days worked and/or days of vacation, paid leave, or other leave in a 14-day registration period are more than a certain indexed amount, no benefits are payable for **any** days of unemployment in that period. That registration period, however, can be used to satisfy the waiting period.

Earnings include pay from railroad and non-railroad work, as well as part-time work and self-employment. Earnings also include pay that an employee would have earned except for failure to mark up or report for duty on time, or because the employee missed a turn in pool service or was otherwise not ready or willing to work. For the benefit year that begins July 2026, earnings of \$2,065 or more in a claim period will disqualify a claim for unemployment benefits, even if there are more than 4 days of unemployment claimed. This amount corresponds to the base-year monthly compensation amount used in determining eligibility for benefits in each year. Also, even if an earnings test applies on the first claim in a benefit year, this will not prevent the first claim from satisfying the waiting period in a benefit year.

Earnings of \$15 or less per day from work which is substantially less than full-time and not inconsistent with the holding of normal full-time employment may be considered subsidiary remuneration and may not prevent payment of any days in a claim. However, a claimant must report all full and part-time work on each claim, regardless of the amount of earnings, so the RRB can determine if the work affects benefits.

9. How does a person apply for and claim unemployment benefits?

Railroad employees can apply for and claim unemployment benefits online or by mail. Individuals who have a **myRRB** account at **RRB.gov** can file their applications and biweekly claims online. Employees can create a myRRB account at **RRB.gov/myRRB** by clicking on the button labeled

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Sign in with login.gov. Establishing an account while working will expedite the filing process for future unemployment benefits and provide ready access to other online services.

To apply by mail, employees must obtain an *Application for Unemployment Benefits* (Form UI-1) from RRB.gov or any RRB field office, their labor organization, or railroad employer. The completed application should be mailed to their local RRB field office as soon as possible and must be filed within 30 days from the date the employee became unemployed, or the first day for which the employee wishes to claim benefits, whichever is later. Benefits may be lost if the application is filed late. Employees filing a late unemployment application (or claim) should include a signed statement explaining why they were not able to meet the required time frame.

Persons can find the address of the RRB office serving their area by visiting RRB.gov and clicking on **Field Office Locator**, or by calling the agency toll-free at 1-877-772-5772 and selecting the appropriate option from the automated menu.

The local RRB field office reviews the completed application, whether it was submitted online or by mail, and notifies the applicant's current railroad employer and base-year employer, if different. The employer has the right to provide information about the benefit application.

After processing the application and confirming benefit eligibility, biweekly claim forms are provided to the claimant for as long as the claimant remains unemployed and eligible for benefits. If a claimant filed an online application, claim forms are *only* made available online. If a claimant filed a paper application, the *first* claim form is both available online and mailed to the claimant. If the claimant returns the paper claim, future claims will be mailed. If the claimant files the claim online, all subsequent claim forms will *only* be made available online and will no longer be mailed. Claimants **must not** file both an online and a paper claim form for the same period(s). Claim forms should be signed and submitted (online or by mail) on or after the last day of the claim. The completed claim must be received by the RRB within 15 days of the end of the claim period, or within 15 days of the date the claim form was made available online or mailed to the claimant, whichever is later.

Only one *application* needs to be filed during a benefit year, even if a claimant becomes unemployed more than once. However, in the case of multiple claim periods, a claimant must request a claim form from the RRB within 30 days of the first day for which the claimant wants to resume claiming benefits. These claim forms may then be filed online or by mail.

10. How does a person apply for and claim sickness benefits?

An *Application for Sickness Benefits* (Form SI-1a) can be obtained from **RRB.gov** or any RRB field office, a railroad labor organization, or a railroad employer. **Applications** for sickness benefits **must** be submitted to the agency by mail or fax to 713-405-2078. However, subsequent **claims** may be mailed or completed online by employees who have established a **myRRB** account at RRB.gov.

An application including a health care provider's *Statement of Sickness* (Form SI-1b) is required at the beginning of **each** period of continuing sickness for which benefits are claimed. Claimants should make a special effort to have the health care provider's statement of sickness completed promptly since claims cannot be paid without it.

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The RRB suggests that employees keep an application for sickness benefits on hand and that family members know where the form is kept and how to use it. If an employee becomes unable to work because of sickness or injury, the employee should complete the application and have a health care provider fill out the provided statement of sickness.

If the employee is too sick to complete the application, someone else may complete it. In such cases, the individual signing for the employee should also complete a *Statement of Authority to Act for Employee* (Form SI-10), which accompanies the statement of sickness.

After completion, the forms should be mailed or faxed to the RRB within 10 days from when the employee became sick or injured. However, applications received after 10 days but within 30 days of the first day for which an employee wishes to claim benefits are generally considered timely if there is a good reason for the delay. (Employees cannot currently file their sickness *applications* online.) Upon receipt, the RRB will process the application and determine if the employee is eligible for sickness benefits.

After processing the application and statement of sickness, the RRB makes the *first* biweekly claim form available online (for employees with myRRB accounts) **and** mails a paper form to the employee as long as the employee is eligible for benefits and remains unable to work due to illness or injury. Those choosing to file the paper claim received by mail should return the completed form to RRB headquarters for processing. If the claimant returns the paper claim, future claims will be mailed. If the claimant files the claim online, all subsequent claim forms will *only* be made available online and will no longer be mailed. Claimants must **not** file both online and paper claim forms for the same claim period(s). Employees who need to create a myRRB account should visit RRB.gov/myRRB and click on the button labeled **Sign in with login.gov**.

Completed claim forms must be received at the RRB within 30 days of the last day of the claim period, or within 30 days of the date the claim form was made available online or mailed to the claimant, whichever is later. Benefits may be lost if an application or claim form is filed late. Claimants filing a late sickness application or claim form should include a signed statement explaining why they were unable to meet the required time frame.

Claimants are reminded that while claim forms for sickness benefits can be submitted online, applications for sickness benefits must be sent to the RRB by mail or fax at 713-405-2078. Statements of sickness may be included with the completed sickness application, or submitted separately by mail or fax. Also, to prevent a delay in processing applications or claims, employees are advised against sending any sickness benefit forms to the RRB in Chicago via certified mail.

11. Is a claimant's employer notified each time a biweekly claim for unemployment or sickness benefits is filed?

Yes. The RUIA requires the RRB to notify the claimant's base-year employer each time a claim for benefits is filed. That employer has the right to submit information relevant to the claim before the RRB makes an initial determination on the claim. Benefits may not be paid at this time, but the employee will receive notice and have the right to appeal. In addition, if a claimant's base-year employer is not the employee's current employer, the claimant's current employer is also notified.

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The RRB must also notify the claimant's base-year employer each time benefits are paid to a claimant. While the base-year employer may protest the decision to pay benefits, such a protest does not prevent the timely payment of benefits. However, a claimant may be required to repay benefits if the employer's protest is ultimately successful. The employer also has the right to appeal an unfavorable decision to the RRB's Bureau of Hearings and Appeals.

In addition, the RRB checks with other federal agencies and all 50 states, as well as the District of Columbia and Puerto Rico, to detect fraudulent benefit claims and with health care providers to verify the accuracy of medical statements supporting sickness benefit claims.

12. How long does it take to receive payment?

The RRB will release a claim form or a denial letter within 10 days of receiving an application. If a claim for subsequent biweekly unemployment or sickness benefits is filed, the RRB will certify a payment or release a denial letter within 10 days of the date the RRB receives the claim form. Claimants who are entitled to benefits will generally be paid within one week of that decision.

However, some benefit claims may take longer to handle than others, especially if they are more complex, or if an RRB office requires information from other people or organizations to decide whether a claim should be approved. If a claimant does not receive a decision notice or payment within the specified time period, the RRB will try to explain the delay and provide an estimate of the time required to make a decision.

If a claimant receives sickness benefits for an injury or illness for which the claimant is paid damages, it is important to be aware that the RRB is entitled to reimbursement of either the amount of the benefits paid for the injury or illness or the net amount of the settlement, after deducting the claimant's gross medical, hospital, and legal expenses, whichever is less.

Claimants who think an RRB office made the wrong decision about their benefits have the right to ask for review and to appeal. They will be notified of these rights each time an unfavorable decision is made on their claims.

13. How are payments made?

Railroad unemployment and sickness benefits are paid by direct deposit to an employee's bank, savings and loan, credit union, or other financial institutions. First-time applicants for unemployment and sickness benefits will be asked to provide information needed for direct deposit enrollment.

14. How can claimants get more information about their railroad unemployment or sickness claims?

Claimants with **myRRB** accounts can use the View RUIA Account service to review their individual railroad unemployment and sickness insurance account statement. This statement displays the type and amount of the claimant's last 5 benefit payments, the claim period for which the payments were made, and the dates that the payments were approved. Individuals can also confirm the RRB's receipt of applications and claims.

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In addition, claimants can call the agency toll-free at 1-877-772-5772 to access information about the status of unemployment and sickness claims or payments from an automated menu 24 hours a day, 7 days a week.

More information is available by going to **RRB.gov/FAQ** and then selecting **Unemployment and Sickness Benefits**, or by calling an RRB office toll-free at 1-877-772-5772. Individuals can also send a secure message to their local RRB field office by accessing **Field Office Locator** at RRB.gov and clicking on the link at the bottom of their local office's page.

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